

## Registration Information

Name: \_\_\_\_\_

Parent's Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ PC: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Cell: \_\_\_\_\_

Parent Will Assist In Coaching

Email: \_\_\_\_\_

PHL Division: \_\_\_\_\_

House League/Select/AE  A/AA/AAA

Individual Entry  Team Entry

Weekday  or Sunday

Male  Female  Position: \_\_\_\_\_

Date of Birth (D/M/Y): \_\_\_\_\_

2016-17 Team: \_\_\_\_\_

Level: H/L  Select  AE  A  AA  AAA

Debit:  Cash:  Cheque:  Visa:  MC:

Visa/MC #: \_\_\_\_\_

Expiry Date: \_\_\_\_\_ VIN# \_\_\_\_\_

### All Prices are Plus HST

Waiver of Liability. The student applicant on the application and his/her parents/guardians agree that the National Training Rinks (N.T.R.), shall not be held responsible for any injury, loss or damage whatsoever occurring to the participant while he/she is in attendance at N.T.R. programs or including while he/she is within the premises occupied by N.T.R. I/We acknowledge and agree that N.T.R. reserves the sole and exclusive right to use any photographs or videos taken during the program for advertising and/or instructional purposes, without cost or charge to N.T.R. and the I/We consent to photographs or videos being taken for the purposes contained herein.

I/We consent to his/her or my attendance on the terms of this waiver of liability or in the case of a guardian of a person under 19 years of age grant our consent to the terms of this waiver.

I/We acknowledge reading this Application and Declaration and understand the conditions contained herein and agree to abide by all terms.

Date: \_\_\_\_\_

Signature of Parent or Legal Guardian: \_\_\_\_\_

Print Name: \_\_\_\_\_

### NO DROP IN PLAYERS OR SUBSTITUTIONS

**National Training Rinks**  
650 Edward Avenue  
Richmond Hill, ON L4C 0S1  
Phone: 905-884-1121 • Fax: 905-884-1145  
E-mail: info@ntrcanada.com

Visit us at [www.ntrcanada.com](http://www.ntrcanada.com)

## National Training Rinks Guidelines

- Ice Resurfacing (floods) are part of the program time
- NTR reserves the right to move participants to the appropriate category for their skill level
- Payment in full must be received prior to first game
- A \$25 returned cheque (NSF) fee will be charged
- Absolutely no refunds after the third game
- Refunds requests will be charged a 10% administration fee
- **Teams must have matching and numbered sweaters**
- **NO DROP IN PLAYERS OR SUBSTITUTIONS**

## Multi-Sport Camps

### BOYS & GIRLS AGES 6-13

Multi-Sport Camps, designed with the emphasis on fun and skill development, are week-long camps offering students a variety of activities. Each day includes two hours of on-ice instruction as well as other activities including:

- Ball Hockey
- Basketball
- Football
- Soccer
- Ultimate Frisbee
- Agility Drills
- Volleyball
- Team Building Activities

**CAMPS RUN JULY 3<sup>rd</sup> TO SEPTEMBER 1<sup>st</sup>**

## ATTENTION COACHES

### Team Training Camps

Aug 21<sup>st</sup> - Aug 25<sup>th</sup> & Aug 28<sup>th</sup> - Sept 1<sup>st</sup>

Personalized training for your team.

Skills, Contact, Defensive Zone Play,  
Break Outs, Etc.

Start the season with an EDGE.

Call Rick for further details

at 905-884-1121

## Ice & Party Room Available

- Team Parties
- Birthday Parties
- Shinny/Pick-up Hockey

For further details call 905-884-1121

## Visit Our Pro Shop



For all your  
equipment  
needs.

**647-405-7849**

# "Not Just Another Arena"



## National Training Rinks

# SPRING/SUMMER 2017

## 3-ON-3

# POND HOCKEY LEAGUES

Like us on facebook @NTR.RHILL  
Follow us on Instagram @ntr\_richmondhill  
Follow us on Twitter @NTRichmondhill

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**REGISTER EARLY**  
PAST TEN YEARS HAVE SOLD OUT

## Professional Expertise

At National Training Rinks, all of our training and instruction has been developed with the expertise of over 50 years of NHL Hockey and high level coaching and instructional experience.

**Mike Gartner**, NHL Hall of Famer, and **Wes Jarvis**, retired NHL player, developed and expanded NTR's unique approach to hockey instruction from beginners to elite hockey players.

This tradition of quality instruction is now available at our Richmond Hill facility led by **Rick Cornacchia**, who has over 30 years of high level instruction and coaching experience, including 11 years as a coach in the OHL, highlighted by winning the 1990 Memorial Cup as coach of the Oshawa Generals, and coaching Canada's National Junior Team.

## LEAFS PRACTICE AT NATIONAL TRAINING RINKS - RICHMOND HILL

### *Shinny journey a break from routine*

Team Blue – Francois Beauchemin, John Mitchell, Lee Stempniak, Garnett Exelby and Luke Schenn – won the tournament, a come from-behind win over Team Red, which got an automatic berth in the 3-on-3 final.

The idea of playing on the smaller ice surface in Richmond Hill, and having a tournament 3-on-3 shinny format on two surfaces, was sprung on players as they arrived at the MasterCard Centre in Etobicoke.

"It started out kind of just fun, but at the end, guys were getting mad and angry, and getting intense," said Luke Schenn, smiling that champion's smile. "Guys wanted it pretty bad."

Wilson said the idea was designed to be a break from a week of practice, but would force his players to skate, use their skills, and have fun at the same time.

"It was competitive," said Wilson. "You have to be quicker playing 3-on-3. The guys worked hard on Monday and Tuesday on physical drills. Today, we backed off and had some fun."

The Maple Leafs broke away from their regular practice routine, and took a drive to Richmond Hill where they've taken over the two pads at the National Training Rink.

The two pads are three-quarters the size of a regulation NHL rink, and used mainly for children just learning to play and team practices. The arena, co-owned by ex-Leaf Mike Gartner, is also popular for youth and men's 3-on-3 hockey.

Gartner said the smaller arena lets kids 5, 6 and 7-years-old get a feel for the action, for being part of the play, even if they can't skate as well as some of the other players.

"The coaches are trying to do something different to get some smiles on their faces, outside of winning hockey games," said Gartner.

"This gives them an opportunity to play in a tight environment. They're so fast. It's a little different and they're able at the same time to have a lot of fun. That's always a positive."

## 3 on 3 Pond Hockey

### Enjoy the fun of the "Fastest Game On Ice"

- Non-stop action
- 9 players, 1 goalie per team
- Individual or team entries
- Minimum **15-game schedule** (1 game per week)
- 45-minute games
- Dramatically improves skills
- Leagues for all ages and levels
- **House League, Select and AE players** will make up one category for all ages. We reserve the right to balance teams if necessary.
- **A / AA / AAA players** will make up one category for all ages. Teams and individuals enter at their own responsibility regarding level/calibre of play.
- Parent volunteers welcome to encourage players & open gates for rapid line changes.
- League volunteer conveners also welcome to help co-ordinate divisions.
- No games on holiday weekends.

### NO DROP IN PLAYERS OR SUBSTITUTIONS

*There are numerous studies proving that reducing the number of players and size of the playing surface has huge benefits to a player's overall skill development. Applying these concepts to hockey is no different. There are a number of former, current, and soon to be NHL players that grew up playing 3on3. Check out our website for videos, news articles and more information about the benefits of 3on3 hockey on small rinks.*

*"Pond Hockey, (3 on 3) is an excellent opportunity for players to develop all their skills in a fun environment. National Training Rinks' smaller ice surfaces produce a higher number of turnovers during games, making the game much faster. When you "decrease space, you increase the pace". Players must skate, handle the puck more often and be more creative with the puck because of the limited number of passing options. Anticipation, passing, shooting, dekeing, reading situations and creative skills are developed, which leads to more confidence."*

Rick Cornacchia, Former OHL Coach

*"3 on 3 is a great way to develop high tempo stickhandling and quick decision making capabilities, all while having a tremendous amount of fun!"*

Mike Gartner, NHL Hall of Famer

## Pond Hockey League (PHL) Age Divisions & Dates

15 game schedule will start

**FRIDAY, APRIL 28<sup>th</sup>, 2017**

### House League/Select/AE and Rep Divisions A/AA/AAA

Division	Year Born	Day
Tyke	2010/11	Fri.
Minor Novice	2009	Wed. or Sun.
Novice	2008	Wed. or Sun.
Minor Atom	2007	Mon. or Sun.
Atom	2006	Mon. or Sun.
Peewee	2004/05	Wed. or Sun.
Bantam	2002/03	Thurs.
Midget	1999/2000/2001	Tues.
Junior/College	1998+	Mon.

## Registration Fees

ALL PRICES ARE PLUS HST

All teams must have two adult coaches.

1 Player	\$329.00
2 Players (same family)	\$635.00
3 Players (same family)	\$945.00

(Jersey included )

Full payment due with registration.

Team Entry (Jerseys not incl.)	\$2999.00
Team Jerseys Available	\$199.00

\$1,000 deposit required with application.

- Teams will not be allowed to play until full payment has been received
- Teams must have matching and numbered sweaters

### NO DROP IN PLAYERS OR SUBSTITUTIONS

Teams may register up to 12 players but can only dress 9 players & 1 goalie