

Registration Information

Name: _____

Parent's Name(s): _____

Address: _____

City: _____

Postal Code: _____

Home Phone: _____

Cell: _____

Email: _____

Program: _____

Time: _____

Date of Birth (M/D/Y): _____

Debit: Cash: Cheque: N.B. All prices are plus HST

Visa/MC #: _____

Expiry Date: _____

Waiver of Liability. The student applicant on the application and his/her parents/guardians agree that the National Training Rinks (N.T.R.), shall not be held responsible for any injury, loss or damage whatsoever occurring to the participant while he/she is in attendance at N.T.R. programs or including while he/she is within the premises occupied by N.T.R.

I/We acknowledge and agree that N.T.R. reserves the sole and exclusive right to use any photographs or videos taken during the program for advertising and/or instructional purposes, without cost or charge to N.T.R. and the I/We consent to photographs or videos being taken for the purposes contained herein.

I/We consent to his/her or my attendance on the terms of this waiver of liability or in the case of a guardian of a person under 19 years of age grant our consent to the terms of this waiver.

I/We acknowledge reading this Application and Declaration and understand the conditions contained herein and agree to abide by all terms.

Date: _____

Signature: _____

Print Name: _____

National Training Rinks
650 Edward Avenue
Richmond Hill, ON L4C 0S1
Phone: 905-884-1121
Fax: 905-884-1145
E-mail: info@ntrcanada.com
Visit us at www.ntrcanada.com

Christmas Hockey Clinics

December 27th, 28th, 29th

3 DAY SESSION - \$173

Learn to Play Hockey Level 1 - Ages 4+
 Fri Dec 27th 9:15 - 11:15am, Sat Dec 28th 12:15 - 2:15pm
 Sun Dec 29th 9:15 - 11:15pm

Learn to Play Hockey Level 2 - Ages 5+
 Fri Dec 27th 11:15 - 1:15pm, Sat Dec 28th 2:15 - 4:15pm
 Sun Dec 29th 11:15 - 1:15pm

Skill Development #1 - Ages 7+
 Fri Dec 27th 1:15 - 3:15pm, Sat Dec 28th 4:15 - 6:15pm
 Sun Dec 29th 1:15 - 3:15pm

Skill Development #2 - Ages 9+
 Fri Dec 27th 3:15 - 5:15pm, Sat Dec 28th 6:15 - 8:15pm
 Sun Dec 29th 3:15 - 5:15pm

Power Skating & Puck Skills - Ages 6+
 Fri Dec 27th 8:30 - 10:30am, Sat Dec 28th 12:00 - 2:00pm
 Sun Dec 29th 1:00 - 3:00pm

Power Skating, Puck Control & Passing Skills - Ages 8+
 Fri Dec 27th 10:30 - 12:30pm, Sat Dec 28th 2:00 - 4:00pm
 Sun Dec 29th 5:15 - 7:15pm

Advance Power Skating & Agility - Ages 9+ A/AA
 Fri Dec 27th 12:30 - 2:30pm, Sat Dec 28th 4:00 - 6:00pm
 Sun Dec 29th 3:00 - 5:00pm

Elite Skills - Ages 9+ AA/AAA
 Fri Dec 27th 2:30 - 4:30pm, Sat Dec 28th 6:00 - 8:00pm
 Sun Dec 29th 5:00 - 7:00pm

Private & Small Group

Lessons (1 Hour)

Lessons	1 Player	2 Players	3 Players
1	\$150	\$200	\$225
5	\$700	\$900	\$975
10	\$1300	\$1700	\$1800

All prices are plus HST.

PA Day Programs

Monday September 23rd

Monday October 21st

Friday November 15th

Hockey skills and recreation activities
 Full Day Program from 9am to 4pm
 3 hours of ice time & off ice activities, Includes Lunch

One day	Two days	Three days
\$99	\$188	\$275

Christmas Hockey Tournaments

Monday December 30th, 2019

Novice House League & Novice Rep - (2011 & 2012)

Tuesday December 31st, 2019

Atom House League & Atom Rep - (2009 & 2010)

Thursday January 2nd, 2020

Peewee House League & Peewee Rep - (2007 & 2008)

Bantam House League & Bantam Rep - (2005 & 2006)

Friday, January 3rd, 2020

Tyke - (2013 & 2014)

Tournaments run ALL DAY. Minimum 5 games per team. Teams consist of 6 players and 1 goalie.

NOTE: Maximum of 7 players and 1 goalie.

Games run one 24 minute running time period. The cost is \$99 per individual or \$599 per team entry.

Christmas Drop & Shop

Monday December 23rd

Drop - off 9:00am | Pick up 4:00pm
 4 hours of on-ice instruction + lunch

Tuesday December 24th

Drop - off 9:00am | Pick up 12:00pm
 2 hours of on-ice instruction

Full Day	Half Day	Two Days
\$99	\$59	\$149

Santa's 4 Day Camp

Monday December 30th - Friday January 3rd

NO CAMP JANUARY 1st

4 hours of on-ice instruction per day + a full day of activities

Drop - off 8:30am | Pick up 5:00pm
 \$359

Optional meal plan \$36

Oktoberfest

Monday October 21st

For players born in 2012

4 on 4 games | 30 minute games

4 games guaranteed

Team registrations only

ALL PRICES ARE PLUS HST

"Not Just Another Arena"



NTR

National Training Rinks

FALL / CHRISTMAS 2019/20 Programs

Like us on facebook @NTR.RHILL
 Follow us on Instagram @ntr_richmondhill

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650 Edward Avenue
 Richmond Hill, ON L4C 0S1

Professional Expertise

At National Training Rinks, all of our training and instruction has been developed with the expertise of over 50 years of NHL Hockey and high level coaching and instructional experience.

Mike Gartner, NHL Hall of Famer, and **Wes Jarvis**, retired NHL player, developed and expanded NTR's unique approach to hockey instruction from beginners to elite hockey players.

This tradition of quality instruction is now available at our Richmond Hill facility led by Rick Cornacchia, who has over 30 years of high level instruction and coaching experience including 11 years as a coach in the OHL, highlighted by winning the 1990 Memorial Cup as coach of the Oshawa Generals, and coaching Canada's National Junior Team. In addition to the NTR staff, our specialty programs are supported by proven professional instructors.

Ryan Olidis - Power Skating & Skills

Steve Young - Power Skating & Skills

Sandy Stuart - Power Skating & Skills

Shane Roberts - Power Skating & Skills

Frank Salvatore - Power Skating & Skills

Paul Casaluce - Power Skating & Skills

Troy Kahler - Power Skating & Skills

David Arblaster - Skill Development

Margo Huen - Learn to Skate

Hayley Zak - Learn to Skate

Anthony Caschera - Learn to Skate

Philosophy and Program

National Training Rinks delivers a unique, proven learning experience in programs from Learn To Skate to elite specialized hockey training.

We strongly believe our unique rink design enables a higher degree of learning at all levels. Learning in a small environment creates faster/better skill development.

We are also committed to more personalized instruction which is achieved through **SMALLER CLASS SIZE**. Our programs have a maximum class size of 20 to 25 students. Smaller class size allows for more individual attention and a higher repetition rate of drills.

National Training Rinks Guidelines

- Ice Resurfacing (floods) are part of the program time.
- Participants may only attend classes on the day they are registered.
- NTR reserves the right to cancel or re-schedule any class due to enrollment.
- NTR reserves the right to move participants to the appropriate class for their skill level.
- Payment in full must be paid at time of registration.
- A \$50 returned cheque (NSF) fee will be charged.
- Absolutely no refunds after the third week of classes.
- Refunds requests will be charged a 10% administration fee.
- For all skating programs a helmet with a full facial protection (mask) is mandatory.

SKILL DEVELOPMENT PROGRAMS

Programs begin the week of

Saturday September 7th, 2019

Saturdays & Sundays Programs are 16 weeks.

Tuesdays to Fridays are 15 weeks. Mondays are 14 weeks
All programs are 1 hour unless otherwise indicated.

All prices are plus HST

Last day of classes Sunday Dec. 22nd, 2019

TIM'S 5-PACK

NTR will be partnering with our local Tim Horton branch to offer a special package for YOU!

5 Lessons | 40 Min Sessions | Thursday Lessons

Smaller Student to Coach Ratio

Start Date: Sept 12th End Date: Oct 10th

4:15 - 4:55pm, 4:55 - 5:35pm, 5:35 - 6:15pm

\$79

10 WEEK LEARN TO SKATE

Start Date: Oct 17th End Date: Dec 19th

Thursdays 4:15pm & 5:15pm **\$279**

Learn to Skate - Ages 3+

An introduction to the basic skills of skating.
Helmet with facemask required.

Tuesdays 4:15pm & 5:15pm \$419

Fridays 4:15pm & 5:15pm \$419

Saturdays 1:15pm, 2:15pm & 3:15pm \$449

Sundays 9:15am, 10:15am, 11:15am & 12:15pm & 1:15pm \$449

Adult Learn to Skate

Sundays 1:15 pm **\$449**

Learn to Skate/Learn to Skate for Hockey

Private or Semi Private Lessons

Saturday 12:15 pm

Learn to Skate for Hockey - Ages 4+

No class: Oct 14th

Players must be able to push and glide

Full hockey equipment is required.

Mondays 4:15pm \$389

Saturdays 12:00pm & 4:15pm \$449

Sundays 8:15am \$449

Learn To Play Hockey Level 1 - Ages 4+

For players that can skate

They will learn the fundamentals of hockey.

Wednesdays 4:15pm \$419

Saturdays 1:00pm \$449

Sundays 2:15pm \$449

Learn To Play Hockey Level 2 - Ages 5+

For players with a minimum of 1 year of hockey experience.

Saturdays 2:00pm \$449

Sundays 3:15pm \$449

Introduction to Power Skating - Ages 5+

Fundamentals of skating for hockey

Full hockey equipment and stick is required.

Fridays 4:30pm \$419

Saturdays 3:00pm \$449

Sundays 4:00pm \$449

Ultimate Scorer For Young Guns - Ages 6+

Players develop puck control skills while introducing deking, goal scoring and dangling.

Tuesdays 4:30pm \$449

Power Skating & Puck Skills - Ages 7+

No class: Oct 14th

Proper stride technique & body positioning.
Systematic approach to all puck handling skills.

Mondays 4:30pm \$389

Sunday 4:15pm \$449

Power Skating

High level instruction focusing on balance, stride and recovery and edge control.

Full hockey equipment and stick is required.

Thursdays 4:30pm Power Skating 1 \$419

Thursdays 5:30pm Power Skating 2 \$419

Saturdays 5:15pm Power Skating 1 \$449

Saturdays 6:15pm Power Skating 2 \$449

Sundays 5:00pm Power Skating 1 \$449

Sundays 6:00pm Power Skating 2 \$449

Power Skating for Defensemen - Ages 7+

Focusing on backward skating, transitions, quick feet with and without pucks.

Saturdays 7:15pm \$449

Ultimate Scorer - Ages 8+

Players will learn to develop specialized skills focused towards scoring, deking, shifting, quick hands and shooting.

Wednesday 4:30pm \$419

Saturday 4:00pm \$449

Stick Handling & Shooting Skills - Ages 8+

Focuses on developing quick hands, shot selection, puck placement and deking.

Saturdays 7:00 - 8:30pm \$669

Power Skating, Puck Control & Passing Ages 9+

Focuses on all skating skills and every aspect of puck handling and passing technique.

Tuesdays 5:30pm \$419

Saturdays 5:00pm \$449

Sundays 7:00pm \$449

Elite Forward Skills - Ages 8+ REP

Skills for game situations, driving to & following your shot to the net, creating time & Space, escapes, puck protection, etc...

Sundays 5:15pm \$449

Elite Defense Skills - Ages 9+ REP

Specialized skill development for rep defensemen emphasizing puck skills, agility, mobility and game situations.

Saturdays 6:00pm \$449

Advanced Power Skating Acceleration & Agility - Ages 9+ REP

This high tempo program will focus on: efficient stride development, quickness, agility, balance, explosive starts, turns and crossovers, backward and lateral movement, quick footwork and conditioning.

Sundays 6:15 - 7:45pm \$669

Sunday Skills Improvement & 3-on-3

A unique concept - 45 minutes of skill improvement and a 45 minute game of 3-on-3 hockey.

Only 20 players per session

Tyke 1:00 - 2:30pm (2013 & 2014)

Novice & Atom 2:30 - 4:00pm (2009 to 2012)

\$669

Adult Hockey Skills

- 30 Minutes of Power Skating
- 30 Minutes of Skill Development
- 30 Minutes of Scrimmage

Sundays 7:45 - 9:15pm \$669