

Registration Information

Name: _____

Parent's Name: _____

Address: _____

City: _____ Postal Code: _____

Home Phone: _____

Cell: _____

Email: _____

Date of Birth (M/D/Y): _____

Weekly Program

Class: _____

Time: _____

Specialty Clinics

Class(es): _____

Week(s): _____

Debit: Cash: Cheque: Visa: MC:

Visa/MC #: _____

Expiry Date: _____ Vin#: _____

Waiver of Liability. The student applicant on the application and his/her parents/guardians agree that the National Training Rinks (N.T.R.), shall not be held responsible for any injury, loss or damage whatsoever occurring to the participant while he/she is in attendance at N.T.R. programs or including while he/she is within the premises occupied by N.T.R.

I/We acknowledge and agree that N.T.R. reserves the sole and exclusive right to use any photographs or videos taken during the program for advertising and/or instructional purposes, without cost or charge to N.T.R. and the I/We consent to photographs or videos being taken for the purposes contained herein.

I/We consent to his/her or my attendance on the terms of this waiver of liability or in the case of a guardian of a person under 19 years of age grant our consent to the terms of this waiver.

I/We acknowledge reading this Application and Declaration and understand the conditions contained herein and agree to abide by all terms.

Date: _____

Signature: _____

Print Name: _____

National Training Rinks
650 Edward Avenue, Richmond Hill, ON L4C 0S1
Phone: 905-884-1121 • Fax: 905-884-1145
E-mail: info@ntrcanada.com

Specialty Clinics

Learn to Skate

July 2nd - 5th 4:30 - 5:30 pm \$110

July 8th - 12th 4:30 - 5:30 pm \$138

July 15th - 19th 4:30 - 5:30 pm \$138

July 22nd - 26th 4:30 - 5:30 pm \$138

2 Sessions - 3% OFF

3 Sessions - 5% OFF

4 sessions - 7% OFF

Learn to Skate for Hockey

July 2nd - 5th 4:30 - 5:30 pm \$110

July 8th - 12th 4:30 - 5:30 pm \$138

July 15th - 19th 4:30 - 5:30 pm \$138

July 22nd - 26th 4:30 - 5:30 pm \$138

2 Sessions - 3% OFF

3 Sessions - 5% OFF

4 sessions - 7% OFF

Power Skating & Puck Skills

Ages 7+

Proper stride technique & body positioning.
All aspects of puck handling skills

July 2nd - 5th 11:00 - 1:00 pm \$220

Puck Skills & Body Contact

For players born in 2004 to 2007

Focuses on puck protection, taking and giving hits, angling, open ice contact and pinning opponents

July 8th - 12th 11:00 - 1:00 pm \$275

Power Skating, Puck Control

& Passing Skills - Ages 8+

Focuses on all skating skills and every aspect of puck handling and passing techniques

August 6th - 9th 11:15 - 1:15 pm \$220

Advanced Power Skating Acceleration & Agility - Ages 8+ Rep

High tempo program will focus on; efficient stride development, balance, explosive starts, turns and crossovers, backward and lateral movement; quick footwork and conditioning

August 6th - 9th 1:15 - 3:15 pm \$220

All prices are plus HST

Elite Defense Skills - Ages 9+ Rep

Specialized skill development for defenseman

August 12th - 16th 11:15 - 1:15 pm \$275

Elite Forward Skills - Ages 9+ Rep

Develop Skills for game situations, driving to & following your shot to the net, counter pinching, creating time & space, escapes, puck protection, etc.

August 12th - 16th 1:15 - 3:15 pm \$275

Advanced Skating Drills, Puck Skills & Body Contact

For players born in 2004 to 2007

Focuses on puck protection, taking and giving hits, angling, open ice contact and pinning opponents

August 13th - 15th 6:00 - 8:00 pm \$165

All prices are plus HST

Fall/Winter 2019/20

3-on-3 Youth

Pond Hockey League

- Tyke to Bantam
- Wednesday night games
- 6 Skill Development Sessions
- 9 Players and 1 Goalie per Team
- 1.5 hours every sixth week

Starts Wednesday, September 11th

ATTENTION COACHES

Team Training Camps

Aug. 19th - 23rd &

Aug. 26th - 30th

Customized team camps.

Start the season with an EDGE.

Call for further details

at 905-884-1121

"Not Just Another Arena"



NTR

National Training

Rinks

Summer 2019

- Weekly Programs
- Specialty Clinics

Like us on facebook @NTR.RHILL
Follow us on Instagram @ntr_richmondhill

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Fax: 905-884-1145

E-mail: info@ntrcanada.com

Visit us at: www.ntrcanada.com

650 Edward Avenue
Richmond Hill, ON L4C 0S1

Professional Expertise

At National Training Rinks, all of our training and instruction has been developed with the expertise of over 50 years of NHL Hockey and high level coaching and instructional experience.

Mike Gartner, NHL Hall of Famer, and **Wes Jarvis**, retired NHL player, developed and expanded NTR's unique approach to hockey instruction from beginners to elite hockey players.

This tradition of quality instruction is now available at our Richmond Hill facility led by Rick Cornacchia, who has over 30 years of high level instruction and coaching experience including 11 years as a coach in the OHL, highlighted by winning the 1990 Memorial Cup as coach of the Oshawa Generals, and coaching Canada's National Junior Team. In addition to the NTR staff, our specialty programs are supported by proven professional instructors.

Ryan Olidis - Power Skating & Skills

Andrew Eastman - Power Skating & Skills

Steve Young - Power Skating & Skills

Sandy Stuart - Power Skating & Skills

Shane Roberts - Power Skating & Skills

Troy Kahler - Power Skating & Skills

Frank Salvatore - Power Skating & Skills

Paul Casaluce - Power Skating & Skills

David Arblaster - Skill Development

Margo Huen - Learn to Skate

Hayley Zak - Learn to Skate

Anthony Caschera - Learn to Skate

Philosophy and Program

National Training Rinks delivers a unique, proven learning experience in programs from Learn To Skate to elite specialized hockey training.

We strongly believe our unique rink design enables a higher degree of learning at all levels.

Learning in a small environment creates faster/better skill development.

We are also committed to more personalized instruction which is achieved through **SMALLER CLASS SIZE**. Our programs have a maximum class size of 20 to 25 students. Smaller class size allows for more individual attention and a higher repetition rate of drills.

National Training Rinks Guidelines

- Ice Resurfacing (floods) are part of the program time.
- Participants may only attend classes on the day they are registered.
- NTR reserves the right to cancel or re-schedule any class due to enrollment.
- NTR reserves the right to move participants to the appropriate class for their skill level.
- Payment in full must be paid at time of registration.
- A \$50 returned cheque (NSF) fee will be charged.
- Absolutely no refunds after the third week of classes.
- Refunds requests will be charged a 10% administration fee.
- For all skating programs a helmet with a full facial protection (mask) is mandatory.

Weekly Skill Development Programs

Programs begin Saturday, July 6th

All programs are for 7 weeks

No Classes Saturday August 3rd & Sunday August 4th

Last day of classes Sunday August 25th

All prices are plus HST

Learn to Skate - Ages 3+

An introduction to the basic skills of skating
Helmet and full facial protection required

Saturdays 9:00 am, 10:00 am & 11:00 am \$193

Sundays 11:15 am & 12:15 pm \$193

Learn to Skate/Learn to Skate for Hockey

Private or Semi Private Lessons

Saturday 12:00 pm

Call for more information!

Adult Learn to Skate

Sundays 12:15 pm \$193

Learn to Skate for Hockey - Ages 4+

Players must be able to push and glide
Full hockey equipment is required

Saturdays 8:45 am & 1:00 pm \$193

Sundays 1:15 pm \$193

Learn to Play Hockey Level 1 - Ages 4+

For players that can skate.

They will learn the fundamentals of hockey

Saturdays 2:00 pm \$193

Sundays 2:15 pm \$193

Learn to Play Hockey Level 2 - Ages 5+

For players with a minimum of 1 year of hockey experience

Saturdays 3:00 pm \$193

Sundays 3:15 pm \$193

Introduction to Power Skating - Ages 5+

Fundamentals of skating for hockey.

Full hockey equipment and stick is required

Saturdays 4:00 pm \$193

Sundays 4:15 pm \$193

Ultimate Scorer For Young Guns - Ages 6+

Players develop puck control skills while introducing
deking, goal scoring and dangling

Saturdays 11:45 am \$193

Power Skating & Skill Development For Rep Players

Saturdays Tyke Select 9:45 am \$193

Saturdays Novice/Atom 10:45 am \$193

Power Skating & Pucks Skills - Ages 7+

Proper stride technique & body positioning.

Systematic approach to all puck handling skills

Saturdays 12:45 pm \$193

Power Skating

High level instruction focusing on advanced techniques,
balance, stride and recovery, edge control and agility.

Full hockey equipment and stick is required

Saturdays 6:00 pm Power Skating 1 \$193

Saturdays 7:00 pm Power Skating 2 \$193

Sundays 5:15 pm Power Skating 1 \$193

Sundays 6:15 pm Power Skating 2 \$193

Power Skating for Defensemen Ages 7+

Focusing on backward skating, transitions,
quick feet with and without pucks

Saturdays 5:00 pm \$193

Ultimate Scorer - Ages 8+

Players will learn to develop specialized skills focused
towards scoring, deking, shifting, quick hands and shooting

Saturdays 1:45 pm \$193

Power Skating, Puck Control & Passing Skills Ages 8+

Focuses on all skating skills and every aspect of
puck handling and passing techniques

Saturdays 2:45 pm \$193

Sundays 5:00 pm \$193

Stick Handling & Shooting Skills Ages 8+

Focuses on developing quick hands, shot selection,
puck placement and deking

Saturdays 6:45 - 8:15 pm \$289

Elite Forward Skills - Ages 9+ Rep

Develops Skills for game situations, driving to and following
your shot to the net, creating time and space, escapes, puck
protection, etc.

Saturdays 3:45 pm \$193

Sundays 7:00 pm \$193

Elite Defense Skills - Ages 9+ Rep

Specialized skill development for rep defensemen
emphasizing puck skills, agility,
shot blocking, mobility, and game situations

Saturdays 4:45 pm \$193

Advanced Power Skating Acceleration & Agility - Ages 9+ Rep

High tempo program will focus on; efficient stride
development, balance, explosive starts, turns and
crossovers, backward and lateral movement;
quick footwork and conditioning

Saturdays 5:45 pm \$193

Sundays 6:00 pm \$193

All prices are plus HST

Sunday Skills Improvement & 3-on-3

A unique concept - 45 minutes of skill
improvement and a 45 minute game of
3-on-3 hockey.

Only 20 players per session.

Starts July 7th

Tyke 11:00 - 12:30 pm (2012 & 2013)

Tyke & Novice 12:30 - 2:00 pm (2010 to 2013)

Novice 2:00 - 3:30 pm (2010 & 2011)

Novice & Atom 3:30 - 5:00 pm (2008 to 2011)

\$289

Adult Hockey Skills

- 30 Minutes of Power Skating
- 30 Minutes of Skill Development
- 30 Minute Scrimmage

Starts July 7th

Sundays 7:15 - 8:45 pm \$289

Ice & Party Room Available

- Team Parties • Birthday Parties
- Call 905-884-1121