

Registration Information

Name: _____

Parent's Name: _____

Address: _____

City: _____ PC: _____

Home Phone: _____

Cell: _____

Parent Will Assist In Coaching

Email: _____

PHL Division: _____

House League/Select/AE A/AA/AAA

Individual Entry Team Entry

Weekday or Sunday

Male Female Position: _____

Date of Birth (M/D/Y): _____

2019-20 Team: _____

Visa/MC #: _____

Expiry Date: _____

All Prices are Plus HST

Waiver of Liability. The student applicant on the application and his/her parents/guardians agree that the National Training Rinks (N.T.R.), shall not be held responsible for any injury, loss or damage whatsoever occurring to the participant while he/she is in attendance at N.T.R. programs or including while he/she is within the premises occupied by N.T.R.

I/We acknowledge and agree that N.T.R. reserves the sole and exclusive right to use any photographs or videos taken during the program for advertising and/or instructional purposes, without cost or charge to N.T.R. and the I/We consent to photographs or videos being taken for the purposes contained herein.

I/We consent to his/her or my attendance on the terms of this waiver of liability or in the case of a guardian of a person under 19 years of age grant our consent to the terms of this waiver.

I/We acknowledge reading this Application and Declaration and understand the conditions contained herein and agree to abide by all terms.

NO DROP IN PLAYERS OR SUBSTITUTIONS

Date: _____

Signature of Parent or Legal Guardian: _____

Print Name: _____

National Training Rinks
650 Edward Avenue
Richmond Hill, ON L4C 0S1
Phone: 905-884-1121
E-mail: info@ntrcanada.com
ntrcanada.com/richmond-hill/



SUMMER CAMPS

Camps start **JUNE 29th**
& run until **SEPTEMBER 4th**
FOR BOYS & GIRLS AGES 5+

Each day will include on-ice instruction, off-ice conditioning and recreation sessions

Hockey Camp

Golf & Hockey Camp

Soccer & Hockey Camp

Multi-Sport Camp

Fun in the Sun

Optional meal plan available

ATTENTION COACHES

Team Training Camps

Aug 17th - Aug 21st, Aug 24th - Aug 28th &
Aug 31st - Sept 4th

Personalized training for your team.

Skills, Contact, Defensive Zone Play, Break Outs, Etc.

Start the season with an EDGE.

Call Rick for further details
at 905-884-1121

Visit Our Pro Shop



National Training Rinks Guidelines

- Ice Resurfacing (floods) are part of the program time
- NTR reserves the right to move participants to the appropriate category for their skill level
- Payment in full must be received prior to first game
- A \$50 returned cheque (NSF) fee will be charged
- Absolutely no refunds after the third game
- Refunds requests will be charged a 10% administration fee
- **Teams must have matching and numbered sweaters**
- **NO DROP IN PLAYERS OR SUBSTITUTIONS**

"Not Just Another Arena"



National Training Rinks

SPRING/SUMMER 2020

3-ON-3 POND HOCKEY LEAGUES

Like us on facebook @NTR.RHILL
Follow us on Instagram @ntr_richmondhill

Phone: 905-884-1121

Fax: 905-884-1145

E-mail: info@ntrcanada.com

Visit us at

ntrcanada.com/richmond-hill/
650 Edward Avenue
Richmond Hill, ON L4C 0S1

REGISTER EARLY
PAST TEN YEARS HAVE SOLD OUT

Professional Expertise

At National Training Rinks, all of our training and instruction has been developed with the expertise of over 50 years of NHL Hockey and high level coaching and instructional experience.

Mike Gartner, NHL Hall of Famer, and **Wes Jarvis**, retired NHL player, developed and expanded NTR's unique approach to hockey instruction from beginners to elite hockey players.

This tradition of quality instruction is now available at our Richmond Hill facility led by **Rick Cornacchia**, who has over 30 years of high level instruction and coaching experience, including 11 years as a coach in the OHL, highlighted by winning the 1990 Memorial Cup as coach of the Oshawa Generals, and coaching Canada's National Junior Team.

LEAFS PRACTICE AT NATIONAL TRAINING RINKS - RICHMOND HILL

Shinny journey a break from routine

Team Blue – Francois Beauchemin, John Mitchell, Lee Stempniak, Garnett Exelby and Luke Schenn – won the tournament, a come from-behind win over Team Red, which got an automatic berth in the 3-on-3 final.

The idea of playing on the smaller ice surface in Richmond Hill, and having a tournament 3-on-3 shinny format on two surfaces, was sprung on players as they arrived at the MasterCard Centre in Etobicoke.

"It started out kind of just fun, but at the end, guys were getting mad and angry, and getting intense," said Luke Schenn, smiling that champion's smile. "Guys wanted it pretty bad."

Wilson said the idea was designed to be a break from a week of practice, but would force his players to skate, use their skills, and have fun at the same time.

"It was competitive," said Wilson. "You have to be quicker playing 3-on-3. The guys worked hard on Monday and Tuesday on physical drills. Today, we backed off and had some fun."

The Maple Leafs broke away from their regular practice routine, and took a drive to Richmond Hill where they've taken over the two pads at the National Training Rink.

The two pads are three-quarters the size of a regulation NHL rink, and used mainly for children just learning to play and team practices. The arena, co-owned by ex-Leaf Mike Gartner, is also popular for youth and men's 3-on-3 hockey.

Gartner said the smaller arena lets kids 5, 6 and 7-years-old get a feel for the action, for being part of the play, even if they can't skate as well as some of the other players.

"The coaches are trying to do something different to get some smiles on their faces, outside of winning hockey games," said Gartner.

"This gives them an opportunity to play in a tight environment. They're so fast. It's a little different and they're able at the same time to have a lot of fun. That's always a positive."

3-on-3 Pond Hockey

Enjoy the "Fastest Game On Ice"

- 9 players + 1 goalie dressed per game
- Individual or team entries
- 15 game schedule (1 game per week)
- 45 minute games
- Leagues for all ages and levels
- Dramatically improves skills
- Non-stop action
- **House League, Select & AE** players will make up one category for each age division
- **A/AA/AAA** players will make up one category for each age division
- Teams and individuals are responsible for their own registration regarding level/calibre of play

NTR reserves the right to balance teams if necessary

There are numerous studies proving that reducing the number of players and size of the playing surface has huge benefits to a player's overall skill development. Applying these concepts to hockey is no different. There are a number of former, current, and soon to be NHL players that grew up playing 3on3. Check out our website for videos, news articles and more information about the benefits of 3on3 hockey on small rinks.

"Pond Hockey, (3 on 3) is an excellent opportunity for players to develop all their skills in a fun environment. National Training Rinks' smaller ice surfaces produce a higher number of turnovers during games, making the game much faster. When you "decrease space you increase the pace". Players must skate, handle the puck more often and be more creative with the puck because of the limited number of passing options. Anticipation, passing, shooting, dekeing, reading situations and creative skills are developed, which leads to more confidence."

Rick Cornacchia, Former OHL Coach

"3 on 3 is a great way to develop high tempo stickhandling and quick decision making capabilities, all while having a tremendous amount of fun!"

Mike Gartner, NHL Hall of Framer

Pond Hockey Leagues (PHL) Age Divisions & Dates

15 game schedule will start

FRIDAY APRIL 24th, 2020

NO GAMES ON HOLIDAY WEEKENDS

Division	Year of Birth	Day
Tyke	2013/2014	Fri.
Novice	2011/2012	Wed. or Sun.
Atom	2009/2010	Mon. or Sun.
Peeewe	2007/2008	Thurs or Sun.
Bantam	2005/2006	Wed.
Midget	2003/2004	Tues.
Under 21		Tues.
Adult C		Tues.
Adult A/B		Mon.

Registration Fees

ALL PRICES ARE PLUS HST

1 Player	\$349
2 Players (same family)	\$679
3 Players (same family)	\$999
(Jersey included)	
Team Entry (Jerseys not incl.)	\$3199
Team Jerseys Available	\$229

\$1,000 deposit required with application.

- Full team/player payment & waiver must be received before first game
 - Players must have numbered & matching sweaters
 - All teams, midget & younger must have 2 adults on the bench
 - Teams may register 12 players, but only dress 9 players & 1 goalie per game
- NO DROP-IN PLAYERS OR SUBSTITUTIONS**