

Registration Information

Name: _____

Parent's Name: _____

Address: _____

City: _____

Postal Code: _____

Home Phone: _____

Cell: _____

Email: _____

Program: _____

Time: _____

Date of Birth (M/D/Y): _____

Debit: Cash: Cheque: N.B. All prices are plus HST

Visa/MC #: _____

Expiry Date: _____ Vin#: _____

Waiver of Liability. The student applicant on the application and his/her parents/guardians agree that the National Training Rinks (N.T.R.), shall not be held responsible for any injury, loss or damage whatsoever occurring to the participant while he/she is in attendance at N.T.R. programs or including while he/she is within the premises occupied by N.T.R.

I/We acknowledge and agree that N.T.R. reserves the sole and exclusive right to use any photographs or videos taken during the program for advertising and/or instructional purposes, without cost or charge to N.T.R. and the I/We consent to photographs or videos being taken for the purposes contained herein.

I/We consent to his/her or my attendance on the terms of this waiver of liability or in the case of a guardian of a person under 19 years of age grant our consent to the terms of this waiver.

I/We acknowledge reading this Application and Declaration and understand the conditions contained herein and agree to abide by all terms.

Date: _____

Signature: _____

Print Name: _____

All prices are plus HST.

National Training Rinks
650 Edward Avenue
Richmond Hill, ON L4C 0S1
Phone: 905-884-1121
Fax: 905-884-1145
E-mail: info@ntrcanada.com

Visit us at www.ntrcanada.com

March Madness Camp

Monday March 16th - Friday March 20th

Drop off 8:30 am - Pick up 4:30 pm

4 hours of on ice instruction & off-ice activities

\$439 + HST

Lunch plan available for \$45 + HST

Register for our March Madness Full Day Camp and automatically be entered for a chance to win a pair of Toronto Maple Leaf tickets for March 23rd

Private & Small Group

Lessons (1 Hour)

Lessons	1 Player	2 Players	3 Players
1	\$150	\$200	\$225
5	\$700	\$900	\$975
10	\$1300	\$1700	\$1800

All prices are plus HST.

PA Day Programs

Monday, June 1st

Hockey skills and recreational activities

Full Day Program 9:00 am - 4:00 pm

3 hours of ice time & off ice activities

Lunch Included

One day \$99

Spring/Summer

3-on-3

Pond Hockey Leagues

- Tyke to Adult
- Weekdays or Weekends
- Individual Entries or Team Entries
- House Leagues and Rep Leagues

League starts Friday, April 24th



Visit Our Pro Shop
For all your
equipment
needs.
647-405-7849

Summer 2020

Start June 29th

FULL HOCKEY EQUIPMENT IS REQUIRED FOR ALL CAMPS

Hockey Camp

Ages 8+

4 hours of on-ice instruction, off-ice conditioning and recreation sessions

Drop off 8:30 am Pick-up 5:00 pm

Golf & Hockey Camp

Ages 8+

3 hours of on-ice instruction and 3 hours of golf instruction with Henry Brunton Golf

Drop off 8:30 am at NTR

Pick up 4:30 pm at Bathurst Glen

ONLY 20 Participants per week

Soccer & Hockey Camp

Ages 7+

3 hours of on-ice instruction and 3 hours of soccer instruction

Drop off 8:30 am Pick-up 5:00 pm

Multi Sport Camp

Ages 6+

2 hours of on-ice instruction and a variety of outdoor activities

Drop off 8:30 am Pick-up 5:00 pm

Fun in the Sun

Ages 5+

1 hour of on-ice instruction and a variety of outdoor and indoor activities. Hockey equipment is not required

Drop off 8:30 am Pick-up 5:00 pm

Lunch plan available for ALL camps

\$45 + HST

BEFORE & AFTER CARE available!

ATTENTION COACHES

Team Training Camps

Aug. 17th - 21st & Aug. 24th - 28th

Personalized training for your team.

Skills, Contact, Defensive Zone Play, Break Outs, Etc.
Start the season with an EDGE.

Call Rick for further details at 905-884-1121

"Not Just Another Arena"



NTR

National Training Rinks

Spring 2020 Programs

Phone: 905-884-1121

Fax: 905-884-1145

E-mail: info@ntrcanada.com

Visit us at

www.ntrcanada.com

650 Edward Avenue
Richmond Hill, ON L4C 0S1

Professional Expertise

At National Training Rinks, all of our training and instruction has been developed with the expertise of over 50 years of NHL Hockey and high level coaching and instructional experience.

Mike Gartner, NHL Hall of Famer, and **Wes Jarvis**, retired NHL player, developed and expanded NTR's unique approach to hockey instruction from beginners to elite hockey players.

This tradition of quality instruction is now available at our Richmond Hill facility led by Rick Cornacchia, who has over 30 years of high level instruction and coaching experience including 11 years as a coach in the OHL, highlighted by winning the 1990 Memorial Cup as coach of the Oshawa Generals, and coaching Canada's National Junior Team. In addition to the NTR staff, our specialty programs are supported by proven professional instructors.

Ryan Ollidis - Power Skating & Skills

Rob Acton - Power Skating & Skills

Steve Young - Power Skating & Skills

Sandy Stuart - Power Skating & Skills

Shane Roberts - Power Skating & Skills

Frank Salavatore - Power Skating & Skills

Geordan Traverse - Skill Development

Anthony Caschera - Skill Development

David Arblaster - Skill Development

Margo Huen - Learn to Skate

Hayley Zak - Learn to Skate

Judy Chantler - Learn to Skate

Philosophy and Program

National Training Rinks delivers a unique, proven learning experience in programs from Learn To Skate to elite specialized hockey training.

We strongly believe our unique rink design enables a higher degree of learning at all levels.

Learning in a small environment creates faster/better skill development.

We are also committed to more personalized instruction which is achieved through **SMALLER CLASS SIZE**. Our programs have a maximum class size of 20 to 25 students. Smaller class size allows for more individual attention and a higher repetition rate of drills.

National Training Rinks Guidelines

- Ice Resurfacing (floods) are part of the program time.
- Participants may only attend classes on the day they are registered.
- NTR reserves the right to cancel or re-schedule any class due to enrollment.
- NTR reserves the right to move participants to the appropriate class for their skill level.
- Payment in full must be paid at time of registration.
- A \$50 returned cheque (NSF) fee will be charged.
- Absolutely no refunds after the third week of classes.
- Refunds requests will be charged a 10% administration fee.
- For all skating programs a helmet with a full facial protection (mask) is mandatory.

PROGRAM INFORMATION

Programs begin the week of Monday, April 6th

Program lengths are:

Mondays 10 Weeks

Tuesdays to Thursdays & Saturdays 12 Weeks

Fridays & Sundays 11 Weeks

NO Classes: April 10th, 12th, 13th & May 18th

Last day of Classes Sunday June 28th

All programs 1 hour unless specified.

All prices are plus HST.

Learn to Skate - Ages 3+

An introduction to the basic skills of skating.

All Learn to Skate programs are 45 minutes

Helmet and full facial protection required

No Class: April 10th & 12th

Tuesdays	4:45 pm & 5:30 pm	\$230
Thursdays	4:45 pm & 5:30 pm	\$230
Fridays	4:00 pm & 4:45 pm	\$211
Saturdays	9:00 am, 9:45 am, 10:30 am & 11:15 am	\$230
Sundays	11:15 am, 12:00 pm, 12:45 pm & 1:30 pm	\$211

Adult Learn to Skate

Fridays	4:00 pm	\$211
Saturdays	9:00 am	\$230
Sundays	1:30 pm	\$211

Learn to Skate/Learn to Skate for Hockey

Private or Semi Private Lessons

Saturday 12:00 pm

Learn to Skate for Hockey - Ages 4+

Players must be able to push and glide

Full hockey equipment is required

No Class: April 12th, 13th & May 18th

Mondays	4:15 pm	\$275
Saturdays	8:45 am & 4:00 pm	\$330
Sundays	2:15 pm	\$303

Learn to Play Hockey Level 1 - Ages 4+

For players that can skate. Focus on fundamentals of hockey, wearing full hockey equipment.

No Class: April 12th

Wednesdays	4:15 pm	\$330
Saturdays	11:45 am & 5:00 pm	\$330
Sundays	3:15 pm	\$303

Learn to Play Hockey Level 2 - Ages 5+

For players with a minimum of 1 year of hockey experience

No Class: April 12th

Saturdays	12:45 pm & 6:00 pm	\$330
Sundays	4:15 pm	\$303

Introduction to Power Skating - Ages 5+

For players that can skate. They will learn the fundamentals of skating for hockey. Full hockey equipment is required, stick included.

No Class: April 10th & April 12th

Fridays	4:30 pm	\$303
Saturdays	2:00 pm	\$330
Sundays	5:00 pm	\$303

Ultimate Scorer for Young Guns - Ages 6+

Players develop puck control skills while introducing deking, goal scoring and dangling.

Players must have two years of hockey experience.

Saturdays 1:00 pm \$330

Power Skating & Puck Skills - Ages 7+

Proper stride technique & body positioning.

Systematic approach to all puck handling skills.

Wednesdays 4:30 pm \$330

Power Skating

Players will focus on balance, control, stride and recovery, agility and edge techniques.

No Class: April 12th

Thursdays	4:30 pm - Power Skating 1	\$330
Thursdays	5:30 pm - Power Skating 2	\$330
Saturdays	3:00 pm - Power Skating 1	\$330
Saturdays	3:45 pm - Power Skating 2	\$330
Sundays	6:00 pm - Power Skating 1	\$303
Sundays	7:00 pm - Power Skating 2	\$303

Power Skating for Defensemen - Ages 7+

Focusing on backward skating, transitions, quick feet with and without pucks

Saturdays 7:00 pm \$330

Ultimate Scorer - Ages 8+

Players will learn to develop specialized skills focused towards scoring, deking, shifting, quick hands and shooting

No Class: April 13th & May 18th

Mondays	4:30 pm	\$275
Saturdays	1:45 pm	\$330

Power Skating, Puck Control & Passing Skills - Ages 8+

Focuses on all skating skills and every aspect of puck handling and passing techniques

Tuesdays	4:30 pm	\$330
Saturdays	2:45 pm	\$330

Stick Handling & Shooting Skills Ages 8+

Focuses on developing quick hands, shot selection, Puck placement and deking

Saturdays 6:45 - 8:15 pm \$495

Agility Skating & Puck Skills - Ages 10+

Focuses on the short burst aspect of skating such as: balance, crossovers, acceleration, tight turns, lateral movement, quick feet and combines them with offensive techniques

Tuesdays 5:30 pm \$330

Power Skating & Skill Development

Saturdays Tyke 9:45 am \$330

Saturdays Novice/Atom 10:45 am \$330

Elite Forward Skills - Ages 9+ Rep

Develops Skills for game situations, driving to and following your shot to the net, creating time and space, escapes, puck protection, etc.

No Class: April 12th

Sundays 5:15 - 6:30 pm \$379

Elite Defense Skills - Ages 9+ Rep

Specialized skill development for defensemen

Saturdays 5:45 pm \$330

Advanced Power Skating & Elite Skills Ages 9+ Rep

High level instruction in advanced skating techniques & edgework. This high tempo program will focus on individual skills, decision making, game situations and small area battle drills

No Class: April 12th

Saturdays 4:45 pm \$330

Sundays 6:30 - 8:00 pm \$455

Sunday Skills Improvement & 3-on-3

Only 20 players per session

No Class: April 12th

Tyke 11:00 - 12:30 pm (2013 & 2014)

Tyke & Novice 12:30 - 2:00 pm (2011 to 2014)

Novice 2:00 - 3:30 pm (2011 & 2012)

Novice & Atom 3:30 - 5:00 pm (2009 to 2012)

\$455

Adult Hockey Skills

No Class: April 12th

• 30 Minutes of Power Skating

• 30 Minutes of Skill Development

• 30 Minutes of Scrimmage

Sundays 8:00 - 9:30 pm \$455