Registration Form

Name: _____

Parent's Name: _____

Address: _____

City: _____ PC: _____

Home Ph #: _____ Cell #: _____

Email: _____

Progam: _____

Time: _____

Date of Birth: _____
(Month / Day / Year)

Method of Payment:
Debit: ☐ Cash: ☐ Cheque: ☐ N.B. All prices are plus HST

Visa / MC #: _____

Expiry Date: _____ Security Code: _____

Waiver of Liability: The student applicant on the application and his/her parents/guardians agree that the National Training Rinks (N.T.R.), shall not be held responsible for any injury, loss or damage whatsoever occurring to the participant while he/she is in attendance at N.T.R. programs or including while he/she is within the premises occupied by N.T.R.
I/We acknowledge and agree that N.T.R. reserves the sole and exclusive right to use any photographs or videos taken during the program for advertising and/or instructional purposes, without cost or charge to N.T.R. and that I/We consent to photographs or videos being taken for the purposes contained herein.
I/We consent to his/her or my attendance on the terms of this waiver of liability or in the case of a guardian of a person under 19 years of age grant our consent to the terms of this waiver.
I/We acknowledge reading this Application and Declaration and understand the conditions contained herein and agree to abide by all terms.

Date: _____

Signature: _____

Print Name: _____

National Training Rinks
120 Big Bay Point Road
Barrie, Ontario L4N 9B4
Phone: (705) 722-5752 Fax: (705) 722-4601
Visit us at: www.ntrcanada.com

LATE BLOOMERS PROGRAMS

SKATING DEVELOPMENT FOR YOUTH - Ages 8 +

Development of basic skating skills including balance, forward & backwards gliding, stopping, crossovers, etc. for the older child.

Saturday 11:15 am - 12:15 pm $299.00 plus HST

HOCKEY DEVELOPMENT FOR YOUTH - Ages 8 +

For the older child who has strong skating basics looking to improve basic hockey knowledge & skills. Focus on more skating, skating with pucks, introducing passing, shooting & game knowledge.

Saturday 2:00 pm - 3:00 pm $299.00 plus HST

ADULT PROGRAMS

ADULT HOCKEY SKILLS

A Co-Ed program for the Intermediate to Advanced level player looking to improve their existing overall hockey skills.

Tuesday 9:30 pm - 10:30 pm $299.00 plus HST

PA DAY PROGRAMS

Our PA Day Hockey Skill Development Program has grown to become one of our popular programs through the school year. These full days are not just fun but we also tackle a wide range of skill development working on their skating, edges, puck skills and shooting.

Drop off 8:30 am / Pick up 4:00 pm
3 hours of ice time & off ice activities Lunch Included
Ages 7+ $89.00 plus HST per day

NTR GUIDELINES AND POLICIES

- Ice resurfacing is part of the scheduled time.
- Participants may only attend classes on the day they are registered.
- NTR reserves the right to cancel or re-schedule any class due to enrollment.
- NTR reserves the right to move participants to the appropriate class for their skill level.
- Payment in full must be made at time of registration.
- A $25 returned cheque (NSF) fee will be charged.
- If a participant needs to withdraw from a program for any reason, NTR will provide a full credit that can be used for any NTR activity. No regunds, unless it's an emergency situation and a 10% administration fee will be charged.
- All programs require participants to wear a helmet with full facial protection. No exceptions.
- NTR is not responsible for lost, stolen or vandalized items. Items left unattended are done at users' own risk.

SPRING 2020 PROGRAMS

NTR®

NATIONAL TRAINING RINKS
BARRIE

705-722-5752
ntrcanada.com

NOT JUST ANOTHER ARENA!

LEARN TO PROGRAMS

These programs are an introduction to skating and transition into skating combined with hockey skills as the participants move up through the programs. The primary focus for all of the programs will be the fundamentals of skating, stance, balance, gliding, stopping. These basic skating skills are essential to creating a strong foundation and have participants prepared for the next steps in their development.

LEARN TO SKATE - Ages 3 1/2 +

- Basic Skating Skills
- Forward & Backwards
- Balance/Gliding
- Stopping & Crossovers

Tuesday	4:30 pm - 5:15 pm	$209.00 plus HST
Friday	4:30 pm - 5:15 pm	$209.00 plus HST
Saturday	9:45 am - 10:30 am	$209.00 plus HST
Saturday	10:30 am - 11:15 am	$209.00 plus HST
Sunday	9:45 am - 10:30 am	$189.00 plus HST
Sunday	10:30 am - 11:15 am	$189.00 plus HST

LEARN TO SKATE FOR HOCKEY - Ages 4 +

- Continued work on skating skills
- Full hockey equipment
- Introducing pucks
- Use of hockey terminology

Saturday	8:45 am - 9:45 am	$299.00 plus HST
Sunday	11:15 am - 12:15 pm	$269.00 plus HST

LEARN TO PLAY HOCKEY - Ages 5 +

- Player has strong skating basics
- Skating skills with pucks
- Introduce passing/shooting
- Game knowledge
- Full hockey equipment

Friday	5:15 pm - 6:15 pm	$299.00 plus HST
Saturday	9:00 am - 10:00 am	$299.00 plus HST
Sunday	12:00 pm - 1:00 pm	$269.00 plus HST

INTRO TO HOCKEY PROGRAMS

Class breakdown = 20 minutes each of skating skills, stickhandling, stations and full ice drills. Continued development of more advanced edge work, stickhandling skills, shooting & game play knowledge and strategies.

JR DANGLERS & EDGE CONTROL - Ages 6 - 8

- Inside/Outside edges
- Balance/Coordination
- Stickhandling & proper use of hands
- Shooting techniques
- All skills combined into full ice drills

Monday	4:15 pm - 5:15 pm	$299.00 plus HST
Saturday	11:00 am - 12:00 pm	$299.00 plus HST

SKILL DEVELOPMENT & 3 on 3 Cost: $439.00 plus HST

- Stance/stride
- Balance/Coordination
- Passing/STickhandling/Shooting
- Transferring skills into game situations
- Skills/Game 45 minutes each

Ages		
2014	Sunday	10:30 am - 12:00 pm
2013	Sunday	12:15 pm - 1:45 pm
2012/11	Sunday	1:45 pm - 3:15 pm
2012/11	Sunday	3:15 pm - 4:45 pm

JR SNIPERS & GOAL SCORERS - Ages 6 - 8

- Weight transfer
- Shooting techniques/accuracy
- Skills around the net
- Goal scoring mentality
- Attacking the net

Sunday	2:00 pm - 3:00 pm	$269.00 plus HST

HOCKEY SKILLS PROGRAMS

Players will need a strong base of foundational skating skills (weight transfer, inside/outside edge control plus balance). These programs will continue to develop the athlete in specific areas of the game as well as improve their overall ability.

END TO END DEFENCE SKILLS - Ages 9 +

- Transitions/Escapes
- Angling
- Offensive Zone Shooting
- Puck Retrievals/Breakouts
- 30 minutes skating for D / 30 minutes skills

Sunday	4:00 pm - 5:00 pm	$269.00 plus HST

SHOOTING & GOAL SCORING TACTICS - Ages 9 +

- Shot selection
- Generating Offensive scoring chances
- Shooting deception
- Puck Control
- 15 minutes skating /45 minutes shooting scoring tactics

Saturday	1:00 pm - 2:00 pm	$299.00 plus HST

STRIDE LENGTH, X-OVERS & ACCELERATION - Ages 9 +

- Stride technique/extension
- Proper upper body posture
- Crossover technique to acceleration
- 40 minutes skating skills / 20 minutes skating the game with pucks

Friday	6:15 pm - 7:15 pm	$299.00 plus HST
Saturday	12:15 pm - 1:15 pm	$299.00 plus HST

MAGIC HANDS & TAKE AWAYS - Ages 9 +

- Puck Skills/Arm mobility
- Stick strength
- 50/50 puck skills
- Body positioning
- Creativity

Sunday	5:00 pm - 6:00 pm	$269.00 plus HST

ABC'S OF HOCKEY

Evaluation/Transition Program

Review of previous skills with introduction of more advanced hockey skills, terminology & game knowledge. This evaluation phase before advancing into **INTRO TO HOCKEY** programs will identify specific areas of strength/weakness. Coaches will recommend next development phase needed.

Wednesday	4:15 pm - 5:15 pm	$299.00 plus HST
Saturday	10:00 am - 11:00 am	$299.00 plus HST
Sunday	1:00 pm - 2:00 pm	$269.00 plus HST

HOCKEY 101

Evaluation/Transition Program

Review of previous skills with introduction of more advanced hockey skills, terminology and game knowledge. Players will be evaluated at this phase befaore advancing into **HOCKEY SKILLS PROGRAMS**. Coaches will recommend next development phase needed.

Thursday	4:15 pm - 5:15 pm	$299.00 plus HST
Saturday	12:00 pm - 1:00 pm	$299.00 plus HST
Sunday	3:00 pm - 4:00 pm	$269.00 plus HST

GOALTENDING PROGRAMS

Focus on wide range of goaltending specific skills including skating drills. Under the direction of Greg (Red Dog) Redquest.

Saturday (HL/Select)	1:15 pm - 2:15 pm	$399.00 plus HST
Saturday (Rep)	2:15 pm - 3:15 pm	$399.00 plus HST

PROGRAMS START - Saturday, April 11th
PROGRAMS FINISH - Friday, June 26th
No Class Sunday, April 12th

Monday - Saturday programs run for 11 sessions
Sunday programs run for 10 sessions